

# Sudan High School Lunch Menu

Fruit and vegetables offered daily.

April  
2026

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--|---|---|---|---|
| 30   | 31  | 1   | 2 Swavory- Strawberry Salad w/ Asparagus  | 3 No School   |
|  |   | Orange Chicken<br>Brown Rice, WG<br>Fish Sticks<br>Dinner Roll<br>Steamed Carrots<br>Cucumber Slices<br>Pineapple Tidbits<br>Fresh Fruit<br>Choice of Milk                  | Cheeseburger<br>Southwest Chicken Salad<br>Dinner Roll<br>Baked Beans, Vegetarian<br>Lettuce and Tomato<br>Strawberry Salad /Asparagus<br>Applesauce<br>Fresh Fruit<br>Choice of Milk |   |
| 6  | 7 LTO- Turkey Chow Mein   | 8 LTO-Turkey Chow Mein  | 9   | 10  |
| Crispy Chicken Nuggets<br>Dinner Roll<br>Turkey and Cheese Sandwich<br>French Fries<br>Baby Carrots<br>Diced Peaches<br>Fresh Fruit<br>Choice of Milk                      | Soft Beef Tacos<br>Chicken and Cheese Quesadilla<br>Charro Beans<br>Cherry Tomato<br>Mixed Fruit<br>Fresh Fruit<br>Choice of Milk     | Turkey Chow Mein<br>Chicken Chili Crispito<br>Glazed Carrots<br>Broccoli Florets<br>Pineapple Tidbits<br>Fresh Fruit<br>Choice of Milk                                      | Cheeseburger<br>Turkey and Cheese Sandwich<br>Roasted Broccoli<br>Lettuce and Tomato<br>Baby Carrots<br>Applesauce<br>Fresh Fruit<br>Choice of Milk                                   | Homemade Pepperoni Pizza<br>Italian Pasta Bake<br>Garlic Breadstick<br>California Blend Vegetable<br>Red Pepper Strips<br>Sliced Pears<br>Fresh Fruit<br>Choice of Milk |
| 13   | 14  | 15  | 16  | 17 HOM- Peas  |
| Crispy Chicken Tenders<br>Dinner Roll<br>Sloppy Joe Sliders<br>Potato Wedges<br>Cucumber Ranch Salad<br>Diced Peaches<br>Fresh Fruit<br>Choice of Milk                     | Beef Nachos<br>Chicken Taquito<br>Spanish Rice<br>Spiced Pinto Beans<br>Baby Carrots<br>Mixed Fruit<br>Fresh Fruit<br>Choice of Milk  | Homestyle Meatloaf<br>Dinner Roll<br>Toasted Cheese Sandwich<br>Mashed Potatoes<br>Gravy<br>Broccoli Florets<br>Pineapple Tidbits<br>Fresh Fruit<br>Choice of Milk          | Cheeseburger<br>Chicken Caesar Salad<br>Dinner Roll<br>Baked Beans, Vegetarian<br>Celery Sticks<br>Applesauce<br>Fresh Fruit<br>Choice of Milk  | Homemade Cheese Pizza<br>Spaghetti w/ Meatsauce<br>Garlic Breadstick<br>Green Peas<br>Diced Pears<br>Fresh Fruit<br>Choice of Milk                                      |
| 20   | 21 LTO- Fettuccini w/ Lentil Tomato Sauce   | 22 LTO- Fettuccini w/ Lentil Tomato Sauce   | 23  | 24  |
| Popcorn Chicken<br>Dinner Roll<br>Turkey BLT Wrap<br>Steamed Green Beans<br>Baby Carrots<br>Diced Peaches<br>Fresh Fruit<br>Choice of Milk                                 | Chicken Fajita Quesadilla<br>Smothered Burrito<br>Spiced Pinto Beans<br>Cherry Tomato<br>Mixed Fruit<br>Fresh Fruit<br>Choice of Milk | Fettuccini w/ a Tanga Lentil Tomato Sauce<br>Breaded Chicken Sandwich<br>Roasted Corn<br>Broccoli Florets<br>Pineapple Tidbits<br>Fresh Fruit<br>Choice of Milk             | Creamy Chicken Spaghetti<br>Dinner Roll<br>Turkey BLT Wrap<br>Roasted Broccoli<br>Baby Carrots<br>Applesauce<br>Fresh Fruit<br>Choice of Milk   | Cheeseburger Pizza<br>BBQ Chicken Sandwich<br>French Fries<br>Baby Carrots<br>Diced Pears<br>Fresh Fruit<br>Choice of Milk  |
| 27   | 28  | 29  | 30  | 1   |
| Crispy Chicken Nuggets<br>Dinner Roll<br>Crispy Chicken Salad<br>Dinner Roll<br>Sweet Potato Tots<br>Mexican Street Corn<br>Diced Peaches<br>Fresh Fruit<br>Choice of Milk | Beef Nachos<br>Chicken Tacos<br>Spiced Pinto Beans<br>Cucumber Slices<br>Mixed Fruit<br>Fresh Fruit<br>Choice of Milk                 | Chicken Fried Steak<br>Dinner Roll<br>Crispy Chicken Salad<br>Dinner Roll<br>Mashed Potatoes<br>Gravy<br>Baby Carrots<br>Pineapple Tidbits<br>Fresh Fruit<br>Choice of Milk | Chicken Taquito<br>Spanish Rice<br>Crispy Chicken Salad<br>Beef & Cheese Quesadilla<br>Refried Beans<br>Broccoli Florets<br>Salsa<br>Applesauce<br>Fresh Fruit<br>Choice of Milk      |   |

## PRICES

|            |        |
|------------|--------|
| Student    | Free   |
| Adult      | \$4.40 |
| Extra Milk | \$.75  |

## EXTRA INFO

Choice of Milk: 1% White or FF Chocolate  
For questions or concerns please contact:  
Tonya Draper, Food Service Director  
tonyadraper@sudanisd.net

Entrée Salads served with a grain.

## HARVEST OF



## OF THE MONTH

Menus and Nutrition  
Taher Food4Life®



www.taher.com